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Complete Guide To Rope Techniques: A Comprehensive Handbook For Climbers (Guide To Series)



Synopsis

The sport of climbing has become extremely popular in recent years. For climbers of all abilities, from beginners through professional climbing instructors, the book to have is *The Complete Guide to Rope Techniques*, 2nd by Nigel Shepherd. A first-class climber, instructor, and professional mountain guide, Shepherd covers everything from the most basic rope techniques to the advanced skills needed for competitive climbing. Topics covered include: top and bottom roping; snow, rock, and ice anchors; abseiling; glacier travel and crevasse rescue; short roping; the double rope technique; retreating from a climb; rope tricks for adventure-climbing activities; and much more.

Book Information

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Customer Reviews

Overall a really well written and comprehensive guide covering basic climbing/mountaineering knots, belays, anchors, rope systems (hoists, jumars, etc.), and rescue systems, among other things. This is a rather concise guide, however, and for the beginner or novice this is perhaps not the most expansive or explanatory introductory text. It will not, however, be beyond the comprehension of novices to climbing and mountaineering, but could serve as a good complimentary reference (and a highly portable one at that). For those seeking an SPA or MIA, this is an especially handy reference, as the author specifically points out likely scenarios and problems, as well as offering advice for solutions. The advice, further, is introduced to facilitate consideration of ways to solve problems in general, not as rote static exam-prep (i.e. to solve situation x apply

solution y). Again, a fantastic pocket guide and quick reference piece to all things rope!

I use this as a required textbook in my subject in a tertiary class in Australia. The students & I like it as it gives clear and concise explanations and photos. I would recommend it to all novices and those wanting to take their climbing further.

Really good book series

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